



Family  
Houston



# 115 YEARS OF SERVING THE HOUSTON COMMUNITY

*\*2019 Family Houston Annual Report*

*\*July 1, 2018 - June 30, 2019*



## **FAMILY HOUSTON BOARD OF DIRECTORS**

Charly Weldon  
**President & CEO**

Stephen C. Costello  
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Kathryn Underhill

## **FAMILY SERVICE FOUNDATION**

Locke Bryan

Penny H. Butler

David G. Dunlap

Catherine M. Garcia-Prats

David Pitts

David Pluchinsky

## A NOTE FROM OUR BOARD CHAIR AND PRESIDENT & CEO



Stephen Costello  
*Board Chair*

On February 22, 1904, 12 prominent Houstonians organized a carnival and parade to raise funds for a new charity to provide social welfare services to the city. This new organization was called United Charities, the first of Family Houston's many names. The mission began with "Helping others help themselves," a tagline we still use today.

This year, Family Houston celebrated 115 years of serving our community. Through the years Family Houston has had six CEO's, many Board Chairmen, and numerous dedicated staff. But, one thing has remained consistent, we are here to help our community. Today our mission remains strong; providing services that create a stronger community for tomorrow by helping individuals and families meet the challenges they face today.



Charly Weldon  
*President & CEO*

This past year, Family Houston served over 6,700 individuals with helping to meet their basic needs, set financial goals, and provide them with mental health support. Because of our services, our clients have safer and more stable housing, increased their monthly disposable income, and parents reported better understanding of child development. All of this builds strong families and helps create a healthier community.

Thank you for your partnership! Your support is critical to our work and success. We look forward to what the future brings as we continue serving our community, providing them with tools that help build a stronger future.

A blue ink signature of Stephen Costello, consisting of a stylized 'S' followed by a horizontal line and a 'C'.

Stephen Costello  
*Board Chair*

A blue ink signature of Charly Weldon, written in a cursive style.

Charly Weldon  
*President & CEO*

## MISSION AND VISION

*Family Houston's mission is to create a stronger community for tomorrow by helping individuals and families meet the challenges they face today. Our vision is to be Houston's premier resource that uses a holistic approach to help people empower themselves, stabilize their lives, and sustain lasting improvement.*

# BASIC NEEDS

Irene

Irene was living alone when Hurricane Harvey struck Houston. The tragedy left her home flooded, her belongings ruined, and her home uninhabitable. Irene's insurance would not cover the damages and she could not afford any of the repairs out of pocket; she had no choice but to move in with her brother.

Irene works during the day and had a hard time finding assistance because she could not afford to take off work for appointments. For over a year Irene lived with her brother before she was able to ask for help. Irene reached out to Family Houston.

Irene's Family Houston case manager assessed her needs, helped Irene develop a recovery plan, and connected her with community resources including Fort Bend Recovers and Attack Poverty. Irene was able to move back into her home in six months. Among the repairs were a new roof, exterior sliding, sheetrock, floors, doors, and a renovated bathroom.

Irene said "Thank you so much for all that Family Houston has done. **This organization is such a blessing** to so many that are still reeling from that fateful tragedy."

42%

\* of Houstonians struggle to make ends meet

1,522

\*\* households were served through Case Management

87%

\*\* of households had stable housing after Case Management

\* ALICE Report \*\* 2019 Fiscal Year

# MENTAL HEALTH

## Gerardo

When Gerardo came to Family Houston, he was very depressed and had suicidal thoughts. He lacked self-confidence and was not ready to open up to anyone. He started seeing a Family Houston counselor, and in the beginning, he had a lot of negative thoughts and felt worthless. Through many counseling sessions, Gerardo changed his way of thinking. He and his counselor worked on helping him open up and process his feelings. Gerardo's counselor challenged him to look at the world in a different light.

Gerardo expressed his gratitude for Family Houston and his counselor. He explained how caring and empathetic his counselor was, and how she truly changed him: "Family Houston and my counselor saved my life. I have never been to a place quite like this. You get the help you need, while also getting stronger in the process."

Today, Gerardo continues to work on himself, but is much happier doing it: **"I am just so glad to be alive."**

# 1 in 3

**\* children suffer from a mental health disorder**

# 3,878

**\*\* children and adults participated in counseling**

# 80%

**\*\* children maintained or improved good behavior**

\*Houston Endowment Fund \*\*2019 Fiscal Year

# FINANCIAL STABILITY

*Leila*

Leila came to the United States eight years ago from Guatemala, and for the past three years has been a client of Family Houston through the United Way THRIVE program.

When she initially met with her financial coach, Leila was unable to find work in her career field, which was education, because her credentials had not been evaluated or translated. With help from her coach, she was able to gain employment in the service industry, learn how to budget, and set financial goals. She then saved enough money to pay a portion of the fee to have her college transcripts translated and evaluated. United Way was able to pay for the remainder. Now that Leila's transcripts have been evaluated, she is applying for jobs within the school district. She is hoping to soon work with ESL students.

**Her biggest goal was to become an American citizen, and Leila achieved her dream** this past September.

40%

**\* of Harris County residents do not have \$400 in savings to withstand an emergency**

1,834

**\*\* households participated in Financial and Employment Coaching**

63%

**\*\* of Financial Stability clients increased their monthly disposable income**

\* Kinder Institute \*\* 2019 Fiscal Year

# WHAT OUR PARTNERS SAY

"Thank you for your counseling partnership with Browning Elementary School. Family Houston's counselor is doing an amazing job with our scholars. By having her address our scholars emotional needs we no longer see repeat offenders in our office. Her service filled up quickly by the start of the year, and we still have many more needs to address, so thank you for extending her service another day."

**Eva Campos**

*Principal, Robert Browning Elementary School*



**Browning Elementary**

Dual Language and Global Academy

*"Alone we can do so little;  
together we can do so much."*

- Helen Keller



# SUPPORTERS

*July 1, 2018 - June 30, 2019*

## *Family Underwriter*

**\$10,000+**

Bank of America  
BDO USA, LLP/Ronald K. Martin  
The Brown Foundation, Inc.  
Jill and Bill Carter  
Charity Guild of Catholic Women  
Citi Community Development Foundation  
Debbie and Stephen Costello  
The Cullen Trust for Health Care  
The Ellwood Foundation  
The Frees Foundation  
Bill Gordon  
Gene Graham  
Hewlett-Packard Company  
Isla Carroll Turner Friendship Trust  
John P. McGovern Foundation  
JPMorgan Chase Foundation  
Renew International/Traci and Kris Westbrook

## *Family Founder*

**\$5,000 - \$9,999**

Lisa and David Pitts  
Sequitur Energy Resources  
Mr. and Mrs. David M. Underwood, Jr./  
Chilton Capital Management LLC  
Anna Lee and Andy Waite

## *Family Benefactor*

**\$2,000-\$4,999**

Andrews Foundation  
Briggs and Veselka Co.  
Carrizo Oil and Gas, Inc.  
Chapelwood Foundation  
Charles Jago Elder Foundation, Inc.  
Chevron  
Maria and Gary Daugherty  
Exxon Mobil Corporation  
First Tennessee Bank  
Deborah and Clyde Grabein  
Dion Hobbs  
Sergio Leal  
JoAnn Lee

Legacy Community Health Services  
Prosperity Bank  
Protiviti  
Reed Smith LLP  
Julie Shochat  
SPJST Lodge No. 88  
Kathryn A. Underhill

## *Family Supporter*

**\$1,000-\$1,999**

Anonymous  
Joseph and Catherine Garcia-Prats  
Joan Baird and Frederic L. Glover  
Jackson Walker L.L.P.  
Curt Karges  
Mr. and Mrs. Marvin Odum  
Annette and Randy Plath  
Sendero Business Services  
Brendan Sheehan  
Charly and Bert Weldon

## *Family Advocate*

**\$500-\$999**

Camille and Locke Bryan  
Joan and David Dunlap  
Katy and Kevin Dunlap  
Soo Kim Eaker  
Douglas Friedman  
Liz and T.J. Green  
Amparo Guerra  
Gayla Hamby  
I Tri Events  
Debra and Harry Kuehler  
Sarah Larsen  
Kevin McMahon  
Mutual of America Life Insurance Company  
Daniel Ramirez  
RYDE  
Jerry Seade  
Matthew Shanley  
Elena Shaver  
Martha Taghi  
Alex Taghi  
Ali Taghizadeh  
Iraj Taghizadeh  
The Women's Home  
Lynda K. Underwood

Rose Viviano  
Daniel Williams

## *Family Fellow*

**\$100-\$499**

Mossy Alavi  
Angelica Alfaro  
Vincent Alspach  
Anonymous  
Apache Corporation  
Shenequa Aranda  
Catherine Arevalo  
Nancy Baird  
Estefania Farina Ballesteros  
Manuela Barton  
Elizabeth G. Bayless  
Adan D. Briones  
Sean Buckley  
Nick Buscato  
Penny Butler  
Juan Castaneda  
Margaret Cates  
Tyler Chase  
Jane Cheung  
Carolyne Chung  
Jessica Cisneros  
Connie Clancy  
Michael Clement  
Greg Conaway  
Jessica Cox  
Ashley Cuevas  
Kyle Drake  
Briana Eagleton  
Ramsay Elder  
Katherine Engleman  
Fidelity Charitable Gift Fund  
Marcia Fiman  
Crystal L. Franks  
Sergio Garza  
Tabinda Ghani  
Jenna Gimmler  
Gloria Glenewinkel  
Ameer Gopalani  
Tracey Burnett-Greenup  
Robert Grissom  
Mary and Jim Henderson  
Ryan Huff  
Helen Humphries  
Fanny Hung  
Nazia Islam

Deidrea R. Jackson  
Carl Josehart and  
Sam Jacobson  
Rumy Jaleel-Khan  
Jessica Jones  
Yvonne Juarez  
Shawn Kilchrist  
Jennifer Kirk  
Todd Kissner  
Anna Lachner  
Nelsy Gomez Lipford  
Adrian Lira  
Dianne Long  
Shelly Long  
Viola and George Lopez  
Sao Lorn  
Linda Madden  
Gabe Roel Martinez  
Tim Martinez  
Pierre Matta  
Darcey Matthews  
Karen and Mark Mayfield  
John McRae  
Maria Melicoff  
Jorge L. Mendoza  
Margie Mendoza  
Alda Montenegro  
Lama Murad  
Karolina Murguia  
Shunney and Shaji Nair  
Kevin Necas  
Roxann Neumann  
Anne Loo and Brad Nyberg  
James Omwange  
Bill Penczak  
Phillips 66  
Lisa Pitts  
Randalls  
Merrill Rome  
Jessica Rosales  
Kate Rose  
Matthew Roth  
Elizabeth and  
Robert Saenger  
Daniel Scholl  
Maximilian Seewann  
Carrie Semrad  
Amanda Shaw  
Tim Shelby  
Yvonne Silhan  
Richard Simonds  
Milton Smith

Sarah Smith  
Tahra Taylor  
T. Ragan Ryan Foundation, Inc.  
Traci Twardowski  
United Way of Greater Baytown Area  
and Chambers County  
Travis Upham  
Marisol Urrutia  
Tanja van Dam  
Verisei Consulting  
Mani Walia  
Melissa Watts  
Sheila K. White  
Derrick Zett

## *Family Supporter*

**Up to \$99**

Amazon Smile  
Allayne Babin  
Gina Barron  
Diana Batten  
Carol Beveridge  
Lauren M. Black  
Elizabeth Bohorquez  
Ryan Braley  
Avery Bullock  
Monée Cheney  
Anna Coffey  
Gwendolyn Dawson  
Christopher DeLange  
John Driscoll  
Claudia Duran  
Erica Durden  
Kenneth Farrar  
Matt Farris  
Kathryn Foster  
Zach Freedman  
Nanette Garelis  
Adam Harrer  
Erica Harris  
Sofia Hernandez  
Mr. and Mrs. John  
Keurig Dr. Pepper  
Arminda Lazaro  
Maria Leal  
Stephanie Lebron  
Joel Levine  
Julia C. Lewis  
Thomas McCasland

Sayra Medina  
Mollie Merino  
Monica Messick  
Barbara and  
Gregory Metcalf  
Mariana Monterrubio  
Frank Moore  
Kaitlin Necas  
Jane Nymal  
Katherine Phillips  
Will Porter  
Cynthia S. Price  
Sonia Reeves  
Dora Rodriguez  
Stephanie Romero  
Julie Rosales  
Jennifer Rossi  
Donna Schwab  
Gloria Semien  
Vannesa Sifuentes  
Lisa Stanton  
Ken Tiongson  
Jennifer Triplett  
Aleshia Tripps  
Truist  
Andrea Usanga  
Jacklyn Utlej  
Ana Maria Uvalle  
Victoria J. Valdez  
Heazel Valleau  
Brenda Velasco  
Toby Warburton  
Christine Wilder  
Michael Wright  
Mollie Yarborough  
Karina Zapata  
Laura Zelaya

## *In-Kind Gifts*

Connie Clancy  
Jaclyn Clark  
Lorraine Douglas  
Danielle Johnson  
Elizabeth Mason  
Michelle McNiel  
Will Nix  
Ricardo Peimbert  
Lucinda Robles  
Sendero Business Services  
Jessica Whiteside  
Shaundalyn

## *Honorarium Gifts*

In Honor of David M. Underwood, Jr.  
*Lynda K. Underwood*

In Honor of Joan Baird Glover  
*Elizabeth Saenger*

In Honor of Donna Beveridge  
*Carol Beveridge*

## *Memorial Gifts*

In Memory of Ruth Bryan  
*The Bayless Family*  
*Charlie, Susan, Kliment,*  
*Anna, and Hemingway*  
*Mr. and Mrs. James R. McBride*  
*Kathy and Doug O'Brien*  
*Robert A. Young, Jr.*  
*Carolyn Y. Spears*  
*John and Vickie Driscoll*  
*Mr. and Mrs. Larry Whaley*

In Memory of Mildred Helen Roth  
*Carl Josehart and Sam Jacobson*  
*The Girls Empowerment Network Team*

In Memory of Paz Guerra  
*Yvonne Silhan*  
*Margie Mendoza*  
*Rose Viviano*  
*Joel Levine*  
*Shunney Nair*



# A LOOK BACK ON THE YEAR

*Photos and events from July 1, 2018 - June 30, 2019*

1. We held open houses for members of the community to become better aware of the services and programs we offer.

2. Family Houston Young Professionals hosted a cycling event at RYDE where a portion of the proceeds were donated back to Family Houston.

3. We recognized all of our employees in May at our annual employee recognition event, and celebrated our 115<sup>th</sup> birthday with a party!

4. We hosted National Night Out for the third year and enjoyed a special visit from Mayor Turner and Representative Sarah Davis.

5. We launched our Giving Wreath program which brought in nearly \$1,000 in gift cards during the holiday season for our clients.

6. ExxonMobil staff volunteered at Family Houston for United Way's Days of Caring.

## 2019 Highlights

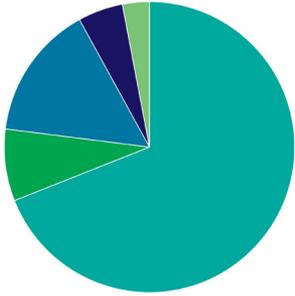
- 6,760 individuals were served
- Provided counseling services in 15 area schools
- Received the Outstanding Service to the Veteran Community Award from Combined Arms
- Named a Best Place to Work by the Houston Business Journal
- Several mental health counselors worked towards certification in Play Therapy and Eye Movement Desensitization and Reprocessing Therapy (EMDT)





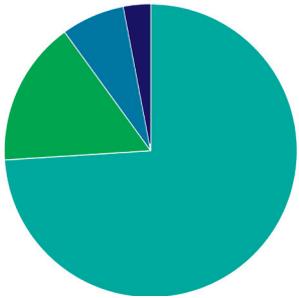
# FINANCIALS

## REVENUE



**United Way: 69%**  
**Contributions and Grants: 8%**  
**Program Fees/Misc.: 15%**  
**Service Provider Contracts: 5%**  
**Special Events: 3%**

## EXPENSES



**Program Services: 74%**  
**Management and General: 16%**  
**Fundraising: 7%**  
**Building Operations: 3%**

*Thank you for your support  
over the last 115 years!*



# LOOKING AHEAD

*We will continue to work hard for the Houston community in 2020. With your continued support and generosity, we will help individuals and families meet basic needs, improve mental health, and reach financial stability. The following are goals we have set for Family Houston in 2020:*

- **Nearly 1,600** households will meet their basic needs through Case Management.
- **3,800+** children and adults will address emotional and behavioral challenges through Counseling and Parent Education.
- **2,000+** households will make steps toward their financial goals through Financial and Employment Coaching.



# THROUGH THE YEARS

As we celebrate 115 years of service, we have taken a look back on all of the wonderful things we

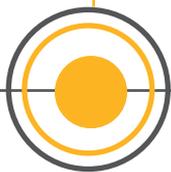
**1904**



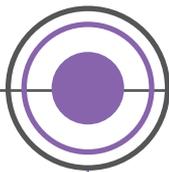
Founded in 1904, after the devastating Galveston hurricane of 1900 and a serious smallpox epidemic, Family Houston was created to serve as a flexible social service agency ready to quickly offer help to those in need.

During the Great Depression Family Houston revised its focus to meet the needs of Houstonians by offering family casework including the new concept of counseling.

**1930's**



**1940's**



When the nation entered World War II, Family Houston adapted to meet the needs of wartime Houstonians. The agency added a day care center which was created for the children of mothers pressed into work during the war.

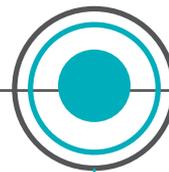
A young culture looking for identity known as "rebels without a cause" struggled with being understood and as a result Family Houston grappled with a spike in adolescent counseling requests.

**1950's**



Family Houston met the social service movement head-on by offering "group" counseling. Family life education groups were also organized to prevent the emotional breakdowns of healthy family systems that resulted from substance abuse, heated protests and the negative effects of the Vietnam war.

**1960's**

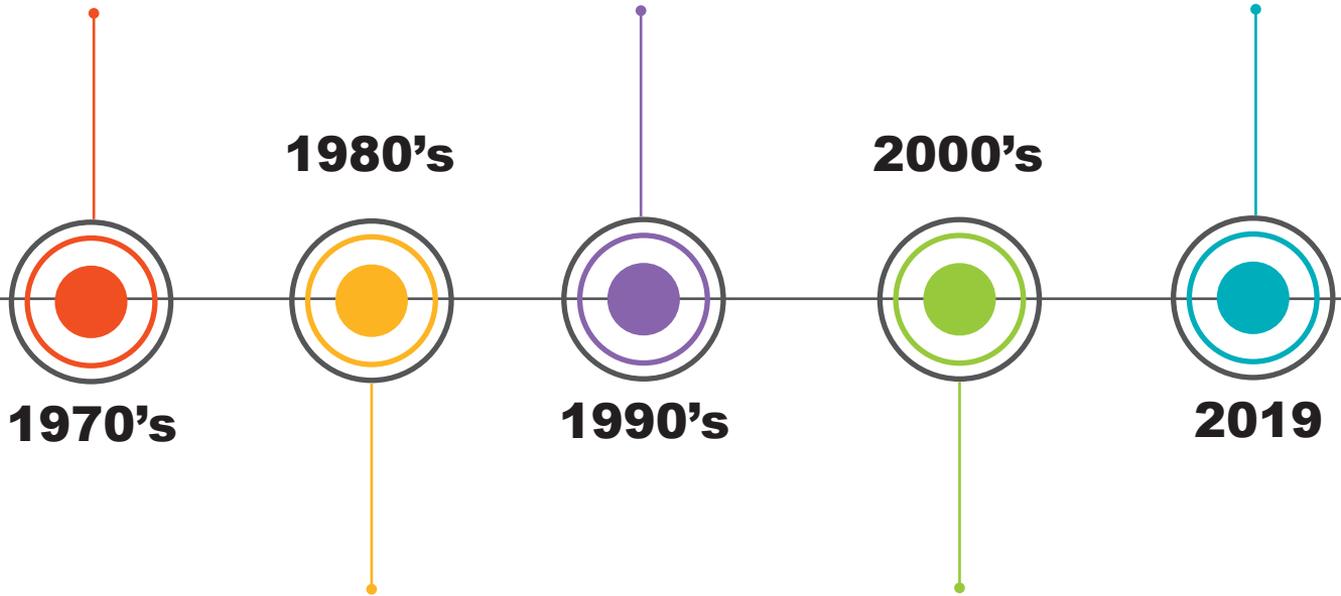


have accomplished in this community.

The Hispanic community experienced a period of growth, leading Family Houston to establish a Spanish language-only center. Family Houston began employing bilingual staff across the city.

A new initiative was launched, School of the Future, a program which provided counseling and general family support at schools whose families were economically challenged. This became a model for private partnership in public schools.

Today we are celebrating 115 years of serving the greater Houston area. Family Houston has seven locations in Harris, Montgomery, Waller and Fort Bend counties. We look forward to continue serving our community for another 100 years.



**1970's**

**1980's**

**1990's**

**2000's**

**2019**

Schools began seeing an increase in student dropout rates. To help curb this serious problem, Family Houston reached out to students and their families and became one of the first nonprofit organizations to provide mental health counselors in Houston-area schools.

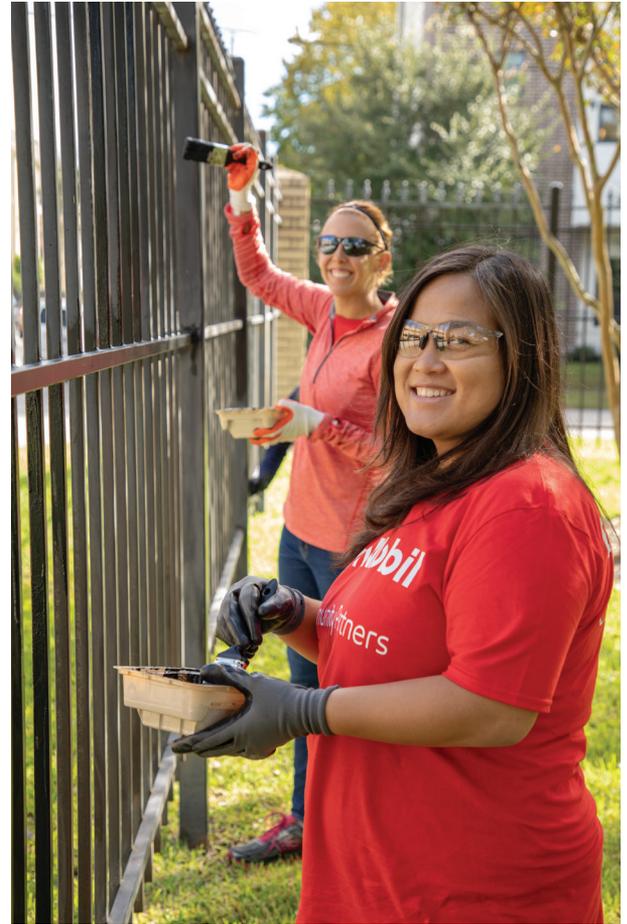
Houstonians were dealing with issues pertaining to veterans returning from the Iraq and Afghanistan wars. Family Houston launched a project that provides Case Management and financial assistance to veterans. Family Houston also launched our Financial Stability program.

# We ♥ our Volunteers

For over 115 years Family Houston has been a safe place for families in need. With the help of our volunteers we are able to serve more clients every day through our Case Management, Counseling, and Financial Stability programs.

**Join our family today and make a difference in someone's life.**

[www.FamilyHouston.org/Volunteer](http://www.FamilyHouston.org/Volunteer)  
[Volunteer@familyhouston.org](mailto:Volunteer@familyhouston.org)



## Family Houston

P.O. Box 70068 Houston, TX 77270 | 713.861.4849 | [FamilyHouston.org](http://FamilyHouston.org)

